

## When you go home

Allow yourself time to recover and rest during the first 24 hours.

Things to avoid:

- Driving a car until authorized by your surgeon
- Signing important documents (first 24 hours after your anaesthetic).
- Drinking alcohol and smoking (first 24 hours after your anaesthetic).
- Operating machinery (first 24 hours after your anaesthetic).
- Any strenuous activity
- Looking after small children

Your surgeon will schedule your post-operative care.

## Our Commitment to you

The Bundaberg Private Day Hospital is committed to:

- Providing the best available care to our patients
- Providing the best available service to our doctors
- Providing a competitive, affordable and safe health care service to our community.

We are committed to continuously complying with our Management System which is based on ISO9001:2015, the International Standard for Quality Management and the National Safety and Quality Health Service (NSQHS) Standards to improve the quality of health service provision in Australia.

We are licenced as a day hospital with Queensland Health.

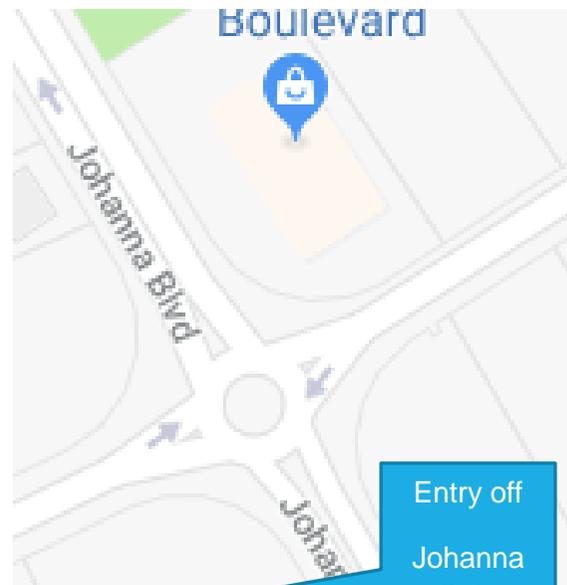
If you as a patient or your family members need information or assistance in resolving issues concerning your hospitalization, please feel free to call our Manager on 4152 4886.

Admission: \_\_\_\_\_ Time: \_\_\_\_\_

Last Food: \_\_\_\_\_ Last Fluid: \_\_\_\_\_

Parking is available at the front of the day hospital.

If this area is full you can park at the carpark at the back of the building.



Entry off

Johanna  
Bvld

**Bundaberg Private Day Hospital**  
Corner of Johanna Blvd & Commercial St  
Kensington QLD 4670  
Telephone: 07 4152 4886  
Email: [admin@bundabergprivate.com.au](mailto:admin@bundabergprivate.com.au)  
Website: [www.bundabergprivate.com.au](http://www.bundabergprivate.com.au)

**Bundaberg Private**  
Day Hospital

# Patient Information



## Before Admission

Your surgeon will provide you with the pre-admission form, consent form and health assessment form.

Please complete both sides of these and give them back to reception as soon as possible. This will enable our staff to register your details and minimize delay on admission.

## Payment

Our reception staff will advise you of any out of pocket expenses from the Hospital. You will receive separate accounts from your surgeon, anaesthetist, pharmacy and pathology if it is required.

You will need to pay any out of pocket expenses on admission. We accept cash, Cheque, Visa, Master Card and EFTPOS.

## If you become ill in the days before your surgery

If you develop a cough, cold or any other illness you should contact your surgeon and the staff at BPDH as your surgery may need to be postponed until you are well.

## Pre-Operative telephone call

Usually a couple of days before your operation you will receive a telephone call from our nursing staff. The nurse will advise the following:

- Your arrival time
- Your fasting times
- Transport and parking arrangements
- The length of time you can expect to be at BPDH
- Your post-operative care

The nurse will discuss with you

- Any previous illnesses and operations
- Any allergies to food or medicines
- Any special dietary requirements
- Who is taking you home and staying with you on the night of your surgery.

This is an opportunity for you to ask any questions you have about your admission and the post-operative care that you will need. This call will take approx. 10 minutes.

## On the day of your surgery

- You can expect to be at the day surgery for 4 hours
- Shower or bath at home – you may use deodorant, but do not use talcum powder, face creams, make-up, perfumes or after shave.
- You may wear your wedding ring, but leave all other jewellery at home.
- Wear warm comfortable clothing
- It is important to continue all your normal medications unless you doctor has instructed you otherwise.
- Bring all medications in original containers with you
- If you have diabetes or are taking blood thinning medication, you will need to discuss the management of your medications with your surgeon and anaesthetist.
- Please arrive at the time given by the nurse.

## On your arrival at BPDH

Park in the carpark out the front of the building, go through to the front door to reception. Our reception staff will confirm your admission details and accept payment for any out of pocket expenses.

## Your Hospital admission

Our nursing staff will prepare you for your procedure. This will include: confirming your personal details and checking your consent form.

## The anaesthetic

You will have a consultation with the anaesthetist before your procedure. He will ask you about your general health, allergies, your current medications and any previous surgery or illnesses. You will be asked to sign a consent form for the anaesthetic and be given information about the costs of the anaesthetist.

During your procedure you will be monitored by the anaesthetist.

## Your operation

The majority of day surgery is now performed under local anaesthetic with IV sedation.

In the operating theatre you may be aware of noises from the equipment or voices of the staff and you will see the nurses setting up the sterile equipment for your procedure.

## Recovery

After your procedure you will be moved to a recovery chair or recliner and your health is monitored by the recovery nurse. You will be given light refreshments.

When you are ready you will be given discharge instructions and may then be taken home accompanied by a responsible adult.

You will also be given your discharge pack from the pharmacy which has any medications which you are required to take at home.